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All American ketchup

1 If you ask an American where ketchup comes from, he will probably tell you, it comes from America. Well this is partly true. The Americans first made the
5 sweet-sour tomato ketchup as we know it today. However, the original ketchup sauce comes from China. Read on and discover how ketchup came to be.

In the 1690s, the Chinese made a
10 sauce from pickled fish and spices and called it ke-chiap, meaning pickled fish sauce. In the 18th century, British explorers discovered the sauce. They liked the sauce but couldn't pronounce
15 the name, so they made it easier for themselves. They called it ketchup.

The British explorers brought the recipe, via England, to America. In around 1800, an American woman called Sandy
20 Addison wanted to make the ketchup sauce, but instead of the pickled fish, she used tomatoes. The only thing she kept from the original recipe were the spices. She liked the sauce and later
25 printed it in an American cookbook.

Many people started to copy the recipe and in the 19th century, people changed the recipe again. They started to put

in sugar to make it sweeter. After that,
30 ketchup became popular everywhere in the United States. In the 19th century people thought fresh tomatoes were not safe to eat, so when they wanted to eat tomatoes, they ate ketchup.

35 In 1876 Heinz put the ketchup into bottles and sold it in America. Soon after, the company introduced the sauce into other countries. In the sixties, ketchup became so popular that the
40 Heinz Tomato Ketchup posters that hung in cafés became popular too. But when people said to the bartenders: 'I'd like to buy this poster, please,' most of the time the answer was: 'I'm sorry this poster is
45 not for sale.' Nowadays the old ketchup posters are a collectors' item because ketchup is still as popular as ever.



pickled fish	<i>vis in het zuur of zout</i>
explorers	<i>ontdekkingsreizigers</i>
pronounce	<i>uitspreken</i>
bartenders	<i>barmannen</i>
collectors' item	<i>verzamelobject</i>